

# Living and Learning with Dogs / Joyful Easy Training

## *Making a Difference for Dogs and their Humans*

- 🐾 Enhance dog / human relationships with awareness centered training, balance, education and well-being.
- 🐾 Encourage effective communication and compassion. teaching understanding of how dogs learn. What we do matters!
- 🐾 Provide training skills, behavior modification and management that can be integrated into living and learning with dogs.
- 🐾 Offer volunteer opportunities for registered Pet Partner® therapy teams.
- 🐾 Reduce sensory overload for ourselves and our dogs with techniques like awareness, redirection and breathing.

Education is knowledge. Knowledge is a path to better choices and change for dogs and their humans. We cannot learn when we don't understand. The first step to enjoying a well behaved dog is creating a calm, trusting relationship.

Training skills can be learned and integrated into daily living with our dogs using what comes naturally (eating, exercising, playing, attention).

Training your dog can change your life! Open your mind to new possibilities while enjoying a creative, understanding and kind relationship with happy, healthy and confident dogs.

Take a moment, close your eyes, relax with your dog. Teaching our dogs to *relax* can extend their lives and ours. We can calm the chaos, redirect, and focus on what is important—relationship.

## ABOUT

[Dog Talk LCC](#) was founded in 1989 as an insured, registered business in the State of N.H.

DT evolved into a training / wellness sanctuary, focusing on family dog, behavior and wellness coaching and pet assisted therapy.

[New England Pet Partners, Inc.](#) is a Community Pet Partner #46489. NEPP works as a team with veterinarians, practitioners, health care professionals and organizations interested in developing PAT programs or becoming Registered Pet Partners®.

## About Maureen

Author, Train Your Dog, Change Your Life, Awareness Centered Training ACT, Contributor Children, Dogs and Education, publications at [Dog Talk Media](#).

- 🐾 MA in Counseling/Behavioral Psychology
- 🐾 BS in Organizational Management
- 🐾 Board Certified Counselor (NBCC #40374)
- 🐾 CCPDT (Certified Professional Dog Trainer)
- 🐾 Canine Massage, Acupressure (Certified)
- 🐾 Pet Partners (Licensed Evaluator #57050)

## Member

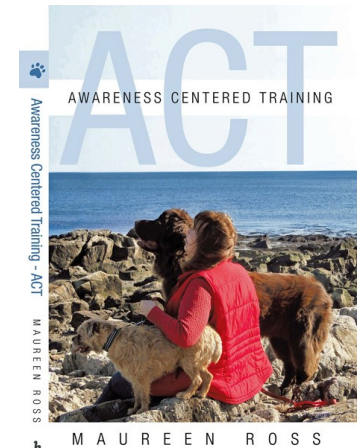
Association of Professional Dog Trainers  
International Assoc. of Animal Behavior Consultants  
National Association of Board Certified Counselors  
Yoga Alliance  
Pet Partners



***A Training and Wellness Sanctuary  
for Dogs and Their Humans!***

***Balance, Relationship, Education, Well-Being  
A BREW for happy, healthy, confident dogs!***

***Canine Coach, Beyond Positive!***



- 🐾 **Private Training**
- 🐾 **Behavioral/Wellness Coaching**
- 🐾 **Energy Balancing (Dogs Sports)**
- 🐾 **Pet Assisted Therapy**

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[dogtalk.com](#) | [newenglandpetpartners.org](#)**

**VISIT THE TEAMS ON FACEBOOK!**

For more information, take a deep breath, visit [dogtalk.com](http://dogtalk.com) or call 603-635-DOGS

## Association of Professional Dog Trainers—LIMA: Least invasive, minimally aversive

Enjoy a “brief” description of our services. Registration, guidelines, program descriptions, fees, visuals to download and Maureen’s articles are at [Dog Talk](#). The training sanctuary is a 2400 sq ft climate controlled, handicapped accessible building equipped with dog sports and medical equipment, used for teaching pups and their humans to reach their individual goals have fun.

Whether private training, small group training (semi-private) or behavioral modification coaching, our goal is to help you create a trusting relationship with your dog, teaching skills that can be easily integrated into daily living and learning.

### ACT Level 1, Socialization, Skills and Manners (SAM) - Beginning!

Maureen’s book, [Awareness Centered Training - ACT](#), is included in Level 1 with handouts.

Create a happy, healthy, confident puppy/dog who safely enjoys interactions with other dogs, children and society by getting to know your dog. Skills and manners (watch-me, sit, down, come, take-it, leave-it, gentle) are naturally taught by shaping our dog’s behaviors. How we respond MATTERS. Gradually introducing dogs to sights, sounds and smells helps prepare them for real world interactions with our guidance. Positive essentials include: life transitions, housetraining, therapeutic chewing, energy balancing, nutrition and play—*while learning!* For more about our program descriptions and Level 1 visit [Dog Talk](#).

### ACT Level 2—Moderate

L-2 is for those who have successfully and comfortably completed L-1. After a brief review, increase training skills with the GRID (see in ACT), GRADUALLY increasing delivery, distractions, distance, duration, diversity and discrimination. Learn to recognize your dog’s strengths, challenges and thresholds— *eliminate boredom*. Integrating sequences and games into training makes learning fun! Positively redirect and balance adolescent energy and natural instincts. Dogs learn self-control and increased attention span. Explore communication, body language and how stress affects learning. Learn more at [Dog Talk](#).

### ACT Level 3—Challenging:

Challenging ourselves and our dogs is a matter of personal choice, skills and ability. Dog teams who have completed ACT 1 and 2, at least once, can glean their skills and have fun engaging with their dogs. Develop a confident, reliable relationship with creative challenges, including off-leash, with a variety of sequences and circumstances. Games are integrated as well as cross-training, switch, and challenging sequences. Specialized training using various equipment, sights, sounds and smells will help increase your dog’s ability to deal with environmental stimuli / stressors. **Note:** *Potential therapy dogs need training applicable to real world living. There are prerequisites to become a Registered Pet Partner Team—visit [New England Pet Partners](#).*

Children and dogs require adult supervision. Work in collaboration with your Veterinarian regarding immunizations. Dogs must be healthy to attend class or visit as a Registered Dog Team. No flexi-leads or prong collars. Regular buckle, Easy Walk, 3 in 1, harnesses, slip on martingales are acceptable. Leash—4-6 feet.

## Training and Wellness Services

- 🐾 Puppy Socialization and Manners (SAM)
- 🐾 Private or Semi-Private training:  
Levels Beginning, Moderate, Challenging
- 🐾 Private Behavior and Wellness Coaching
- 🐾 Online Coaching—Via ZOOM
- 🐾 Lifestyle Transition Planning (LTP)
- 🐾 Energy Balancing with Dog Sports
- 🐾 Pet Assisted Therapy Training / Evaluations

### Private Training Semi-Private Training (2-4 teams) [Fees at-a-Glance](#)

Private Training includes the essentials described in ACT 1, 2, 3. Visit [Dog Talk](#).  
Email [maureenr@dogtalk.com](mailto:maureenr@dogtalk.com)  
603-635-DOGS (3647) / 603-661-3647 c

### Private Behavior and Wellness Coaching

**By Appointment Only. Refer to [Dog Talk Programs and Behavior Coaching \(PBC\)](#)**

Private behavior coaching will help you prevent, manage and resolve issues bringing your life back into balance. PBC is designed to meet your and your dog’s needs. We begin with a confidential intake. A modification/lifestyle plan is designed that requires commitment. For more details visit [Dog Talk](#) or call to schedule a coaching session.

### Telephone, and Online ZOOM Coaching

Telephone and online Zoom coaching is available with obvious limitations. Visit [Dog Talk / Online Coaching](#) for more information.

Sign up for [DT e-newsPaws](#) or visit [dogtalk.com](http://dogtalk.com).