

Treatment Sessions

Sessions are scheduled by appointment only.

Canine Massage is conducted only in collaboration and with signed approval from your attending and/or Primary Veterinarian.

The first session begins with a confidential assessment and thorough evaluation.

Massages will last as long as the dog responds positively. Tolerance levels vary (physically, behaviorally and emotionally).

Our goal is for this to be a positive, relaxing and enhancing therapeutic experience for your dog.

We are pleased to consult with your dog's primary Veterinarian regarding specific issues relating to massage and your dog's most optimum treatment plan. Canine Massage is *not intended* to take the place of Veterinarian treatment.

Fees for Service

Sessions are \$1.00 per minute,
\$30 for 30 minutes and \$50 for 1-hour.

For more information we invite you to call: (603) 635-DOGS (3647)

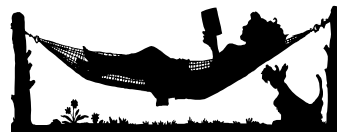
Visit our website at:
www.dogtalk.com

About the Facilitator

Maureen Ross is the founder and president of Dog Talk & TheraPet, LLC and New England Pet Partners offering services in positive reward-based family dog training, behavior & wellness coaching (canine coach), dog sports and pet-assisted therapy training, evaluation and program development.

Dog Talk & TheraPet, LLC was founded in 1989 to enhance canine / human relationships through awareness, education and relationship by offering programs that are focused on well-being for our pets.

- M.A. in Counseling Psychology
- Board Certified Counselor
- Certified Pet Dog Trainer
- Canine Massage Therapist
www.petmassage.com ...
- Acupressure
www.animalacupressure.com ...
- Registered Yoga Therapist



*"Hey, isn't it time
for my massage?"*



Canine Massage & Acupressure



Private Sessions
By
Appointment

For More Information
We Invite You to Call

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~ Massage, a gift of well-being for your dog ~

What is Canine Massage

From the French word “*Masser*, “to stroke” massage is the manipulation of the physical and energetic body to increase circulation of blood, lymph and energy flow. Massage is non-verbal communication. With each compression and stroke, we squeeze the old blood and toxins out, allowing the flow of fresh blood and oxygen in!

While there are many massage techniques that are therapeutic, we use Swedish (relaxation) massage, Sports Massage, Acupressure and Canine Stretch.

Swedish Massage is designed to energize, invigorate or “wake up” the body through increased blood circulation. It enhances relaxation, stress relief and pleasure.

Sports Massage focuses on muscles pertinent to particular physical activities. It utilizes classic Swedish Massage as well as techniques developed specifically for their beneficial impact on muscular tissue.

Acupressure moves and balances life force energy by applying gentle pressure, at specific points, along the meridian pathways. It relieves muscular pain, tension, increases circulation and treats a variety of ailments by balancing life force energy.

Canine Stretch: the goal of stretch exercises is to maintain and improve your dog’s level of fitness and flexibility, thus preventing injuries and atrophy. As with any form of exercise, it is essential to warm up & stretch before and after.



What are the Benefits

Anyone who has ever received a soothing neck rub or massage intuitively knows the pleasure of relief from muscles tension. Complemented by healthy breathing, exercise and nutrition, we can reduce stress and increase our overall well-being.

The relief comes from an increased flow of blood, oxygen and awareness. When the body (dog or human) is relaxed and aware, it will recover more quickly from overexertion, muscle soreness and stress. Behaviorally, there is less tendency to move into a flight or fright defense mechanism. Clarity increases and better decisions are made.

Additional Benefits of Massage

- ☉ Increases blood circulation, reduces heart rate and blood pressure
- ☉ Enhances muscle tone, range of motion & increases flexibility of soft tissue
- ☉ Release of endorphins (nature’s novocain, naturally occurring steroid that helps assuage pain)
- ☉ Reduction of edema (swelling)
- ☉ Enhancement of waste and toxin elimination
- ☉ Lengthening of connective tissue and reduction in the formation of adhesions, knots and nodules
- ☉ Improvement in athletic performance, body posture and balance
- ☉ Prevention of atrophy in inactive muscles

☉ Desensitizes puppies to touch and increases flexibility and well-being in older dogs.

☉ It’s therapeutic (humans/dog connection)

Contraindications

Massage should not be used:

- ☉ Directly on tumors or growths
- ☉ Over open wounds
- ☉ If the dog has any kind of skin diseases, except in the thickening condition of scar tissue ...
- ☉ Over recent fractures; gentle massage directly above and just below, in the direction toward the heart will enhance healing
- ☉ When the dog has a fever
- ☉ Immediately after feeding
- ☉ When you (or the dog) is distracted, overly stressed, not in the mood or in the present moment

The connection between human & dog is unique.

Petting makes friends, massage is therapeutic.

This is something we can give to our dogs that makes us feel good too!